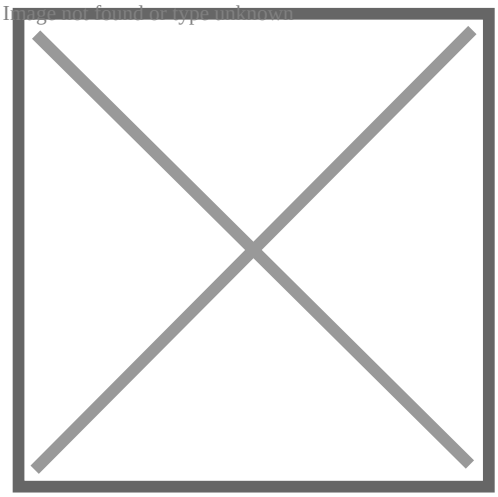
Image not found or type unknown



Post Box: 8975, EPC 1090, DMC Building, Kupondole, Lalitpur, Nepal
+ 977-1-5010603, 5426740, 5010818, 5010516, 5523815, 5010739, 5010586, 5010745, 5010771
info@fittnepal.com , barsha1.reservation@fittnepal.com

Annapurna Base Camp Trek

The provided itinerary is only for your reference and is subjected to change as per your requirements.

Day- 01 **Arival**

Arrival at Kathmandu Tribhuvan International Airport. Our office representative will welcome you , assist then transfer to hotel. Check-in to hotel followed by trek briefing . Rest and overnight at hotel.

Day- 02 **Drive from Kathmandu to Pokhara**

After breakfast drive to Pokhara in private vehicle about 6hrs. Reach Pokhara and check-in to hotel. Free and easy. Overnight.

Day- 03 **Pokhara to Ghandruk**

After breakfast drive to Nayapul about 2 hrs. Reach Nayapul, start the trekking .Trek 30 mins to reach 1st checkout point Birethanti village. Slowly and gradually trial upward crossing small crossing bridge and forest to reach Ghandruk village about 5 -6 hours . It is a beautiful village majority of Gurung community people . If time permits, Visit the Gurung museum today, overnight in teahouse.

Day -04 **Ghandruk to Chhomrong**

After breakfast, we trek for around an hour up to Kimrung danda. On the way, we can enjoy great views of Annapurna South, Hinchuli, Machhapuchhre range. A steep descent takes us to

the Kimrong Khola. Cross Kimrong Khola bridge to Chere Danda, and descend high to reach Chhomrong. A Chhomrong is a beautiful village located on the lap of the giant Annapurna massive. Overnight stay in Chhomrong teahouse.

Day -05: **Chhomrong to Bamboo**

Toaday after breakfast , trail descends over suspension bridge. Climb gently uphill to Sinuwa. Next, we pass through a beautiful forest to Kuldihar followed by an easy downhill walk to Bamboo about 6 hours . Overnight in Bamboo teahouse.

Day -06 **Bamboo to Deurali**

After breakfast, the trail pass through the bamboo forests . Trial leads to a steep climb through a much drier forest before reaching Hinku Cave. From here trail drop closer to the river before climbing again to Deurali about 6 hours. Rest and overnight in Deurali.

Day- 07 **Deurali to Annapurna Base Camp via Machhapuchhre Base Camp**

The hike from Bagar to Machhapuchhre Base Camp is somewhat exhausting. From Machhapuchhre base camp majestic views can be seen of Machhapuchhre along with Mt. Hiunchuli, Annapurna South, Annapurna I, Annapurna III, Gandharvachuli and Gangapurna which is certainly a rewarding experience. The vegetation disappears on our way to ABC and the path widens as we enter the Annapurna sanctuary. From here, we get breathtaking views of the near-vertical south face of Annapurna towering above us. The sanctuary boasts of a dynamic view without anything obstructing the 360-degree panorama. From the base camp we again get to savor mesmerizing views of the Machhapuchhre, Annapurna south, Annapurna I, Hiunchuli and other peaks. Overnight at Annapurna Base Camp.

Day- 08 **Annapurna Base Camp to Bamboo**

From the Annapurna base camp we trek back to Bamboo. Today's trek is downhill so, it shouldn't be very difficult. Overnight stay at Bamboo.

Day- 09 **Bamboo to Jhinu Danda**

From Bamboo, it is an uphill trek to Kuldighar followed by a downhill walk to Chhomrong Khola. Afterwards we climb the stone steps to Chhomrong then the trail descends to Jhinu Danda, where we will be resting for the night. It is belief that enjoy on hot spring just 15-20 minute downhill walk from Jhinu Danda will remove our body ache . Overnight in Jhinu Danda.

Day -10 **Jhinudanda to Nayapul / Drive to Pokhara**

After breakfast trial back down to Nayapul by 4 hours . Reach NayaPul we board our vehicle drive to Pokhara. Rest of the day will be free to explore lakeside area overnight in Pokhara.

Day -11 **Pokhara to Kathmandu**

After breakfast , drive back to Kathmandu about 6 hours. Check-in hotel . Rest and overnight.

Day -12 **Departure**

After breakfast timely transferred to the airport to board your flight for onward journey.